



MARCH 2017



Hanover Middle School
45 Whiting Street
(781) 871-1122

Breakfast available 7:15am to 7:45am

Student *Special* \$1.25
Adult Breakfast \$2.00

Juice, milk, choice of bagel, cereal or low-fat muffin, fresh fruit and low-fat yogurt

Lunch Alternates:

*Salad bar with assorted toppings and whole wheat pita

*Assorted hot sandwiches – varies daily

*Assorted cold sandwiches – varies daily

*Chicken nugget meal

*Lunch Alternate is served with choice of the main menu sides of the day or side garden salad, fresh veggie sticks and assorted fruit.

Milk 50¢
Frozen Treats 75¢
Fresh Fruit 50¢
Snacks (A-List) \$1.00

Cost of Lunch

Student Lunch \$2.85
Adult Meal \$3.85
All Adult Premium Lunches \$4.85

**Make Checks payable to:
Town of Hanover**

Please pay at the cafeteria register or online at

<http://www.myschoolbucks.com>

Please note menu is subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) Grilled Cheese, tomato soup, sweet potato puffs, peaches and milk	2) Burrito/Burrito Bowl w/Fajita Chicken, fiesta rice, black beans, peppers & onions, cheese, salsa, pears and milk Dr. Seuss Birthday	3) Assorted Pizza, grape tomato cup, garden salad, fresh fruit and milk
6) Orange Chicken, rice, steamed broccoli, WG roll, pineapple chunks and milk	7) French Toast Sticks, oven baked hash brown, sausage patties, strawberry cup and milk Early Release	8) Warm Ham & Cheese Croissant, chicken noodle soup, baby carrots w/dip, mixed fruit and milk	9) Chicken or Cheese Quesadilla, fiesta rice, lettuce & tomato, black beans, salsa, sour cream, apple and milk	10) Assorted Pizza, cucumber wheels, garden salad, fresh fruit and milk
13) Crispy Chicken Sandwich, sweet potato puffs, corn, mandarin oranges and milk	14) Pizza π (Plain or Pepperoni), garden salad, π^2 cucumber slices, round apple, cutie π dessert and milk π Day	15) Meatball Sub, grated cheese, green beans, marinated chick peas, peaches and milk	16) Mexican Tacos w/Seasoned Beef or Chicken, fiesta rice, lettuce & tomato, salsa, sour cream, pears and milk	17) Loaded Baked Potato, cheese sauce, broccoli, homemade chili, applesauce and milk St. Patrick's Day
20) Chicken Teriyaki Tenders, rice, steamed broccoli, fortune cookie, pineapple chunks and milk	21) Build-a-Burger, Cheeseburger or Hamburger, oven baked potato wedges, pickles, lettuce, tomato, onion, pears and milk	22) Mozzarella Sticks, freshly baked corn muffin, green beans, baby carrots w/dip, applesauce and milk	23) Nacho Platter, seasoned beef or chicken, refried beans, lettuce & tomato, cheese, salsa, sour cream, peaches and milk	24) Assorted Pizza, baby carrots w/ dip, garden salad, fresh fruit and milk Early Release
27) Popcorn Chicken Bowl, mashed potato, sweet corn, WG roll, applesauce and milk	28) Macaroni & Cheese (Plain or Buffalo), warm pretzel, green beans, baby carrots w/dip peaches and milk	29) Pulled Pork Sandwich, vegetarian beans, apple coleslaw, mixed fruit and milk	30) Burrito/Burrito Bowl w/Fajita Chicken, fiesta rice, black beans, peppers & onions, cheese, salsa, pears and milk	31) Assorted Pizza, celery sticks, garden salad, fresh fruit and milk

Lynn Petrowski, Food Service Director

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Please also refer to our website at www.hanoverschools.org/foodserves for further information including Free and Reduced Meal Benefit Application

"This institution is an equal opportunity provider."