



Hanover High School \*287 Cedar Street \* 781-878-5450



September-16



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk Choices- 1% white, skim or fat free chocolate</p>  <p>Included with all meals</p>			<p>1) NO SCHOOL</p>  <p>First day for Staff Only</p>	<p>2) NO SCHOOL</p> 
<p>5) <b>Holiday</b></p> 	<p>6) <b>FIRST DAY</b></p> <p><b>Hawaiian Sandwich</b> Served with Ham, cheese, pineapple, sweet potato puffs, sliced cucumbers</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>7) <b>Turkey Bacon Melt</b> Served with smile fries, veggie sticks</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>8) <b>Nacho Platter Beef or Chicken</b> Served with lettuce, tomato, cheese, sour cream, salsa, refried beans, Mexicali corn</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>9) <b>Big Daddy's Pizza</b> Served with caesar salad, baby carrots</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>
<p>12) <b>Baked Mozzarella Sticks</b> Served with pasta, dipping sauce, Italian green beans</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>13) <b>Early Release</b></p> <p><b>French Toast Sticks</b> Served with sausage links, roasted sweet potatoes, carrot sticks</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>14) <b>Build a Burger</b> Served with Lettuce, tomato, onions, pickles, cheese, oven baked fries</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>15) <b>Mexican Tacos Beef or Chicken</b> Served with Lettuce, tomato, cheese, sour cream, salsa, rice &amp; beans, baby carrots</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>16) <b>Big Daddy's Pizza</b> Served with caesar salad, green &amp; red pepper strips w/ hummus</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>
<p>19) <b>Meatball Sub</b> Served with grated cheese, garden salad, broccoli</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>20) <b>General Gao Chicken</b> Served with brown rice, veggie sticks, pineapple</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>21) <b>Buffalo Chicken Melt Sandwich</b> Served with oven baked fries, lettuce, tomato</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>22) <b>Chicken Fajita Bowl or Wrap</b> Served with cilantro rice, pinto beans, peppers &amp; onions, salsa</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>23) <b>Big Daddy's Pizza</b> Served with popeye salad w/ Mandarin oranges, baby carrots</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>
<p>26) <b>Chicken Parmesan Bowl</b> Served with pasta, side salad, lemon zest broccoli</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>27) <b>Steak and Cheese Sub</b> Served with peppers, onions, oven fries, carrots</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>28) <b>Southern Chicken and Waffles</b> Served with roasted potatoes, veggie sticks</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>29) <b>Nacho Platter Beef &amp; Chicken</b> Served with lettuce, tomato, cheese, sour cream, salsa, refried beans, Mexicali corn</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>	<p>30) <b>Big Daddy's Pizza</b> Served with garden salad, baby carrots</p> <p>Assorted Fruit ALTERNATE DAILY CHOICES</p>

Cost of Lunch		Breakfast Menu	Alternate Daily Choices	
Student Lunch	\$2.85	Bagel w/ cream cheese	Hot Chicken Sandwich	\$2.85
Reduced Lunch	40¢	Egg & cheese sandwich	Chicken Nuggets	\$2.85
Adult Lunch	\$3.85	Cinibuns	Hamburger/Cheeseburger	\$2.85
Milk	75¢	Cereal	Pizza (assorted)	\$2.85
Frozen Treats	\$1.00	All served with juice, fruit, and milk	Bagel Lunch	\$2.85
Fresh Fruit	50¢		Grab&Go Sandwich/Wrap	\$2.85
Snacks (A-list)	\$1.00		Salads / Salad Bar	\$2.85
Please pay at register; Checks payable to: <b>HANOVER FOOD SERVICE</b> Or Online: <a href="http://www.myschoolbucks.com">http://www.myschoolbucks.com</a>		\$1.25 Student	Student Deli Bar	\$3.50
		30¢ Student reduced	Adult Deli Bar	\$4.50
		\$2.00 Adult		

"This institution is an equal opportunity provider."