



Hanover High School *287 Cedar Street * 781-878-5450



November-16



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| <p>Did you know? Many of our fruits and vegetables are locally grown?</p> | <p>1) Early Release French Toast Sticks <u>Served with</u> sausage links, hash brown, carrot sticks Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>2) Popcorn Chicken Bowl <u>Served with</u> mashed potato, corn, gravy, dinner roll Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>3) Mexican Tacos Beef or Chicken <u>Served with</u> lettuce, tomato, cheese, sour cream, salsa, rice & beans, carrot sticks Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>4) Big Daddy's Pizza <u>Served with</u> caesar salad, green & red pepper strips w/ humus Assorted Fruit ALTERNATE DAILY CHOICES</p> |
| <p>7) CHEF'S CHOICE </p> | <p>8) No School Professional Development Day Remember to vote! </p> | <p>9) Nacho Platter Beef or Chicken <u>Served with</u> lettuce, tomato, cheese, sour cream, salsa, refried beans, Mexicali corn Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>10) Big Daddy's Pizza <u>Served with</u> caesar salad, baby carrots Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>11) Holiday  VETERAN'S DAY</p> |
| <p>14) Buffalo Chicken Melt Sandwich <u>Served with</u> oven baked fries, lettuce, tomato, baby carrots Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>15) Italian Platter <u>Served with</u> meatballs w/ sauce, side of pasta, green beans, garlic bread Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>16) Turkey Supreme <u>Served with</u> mashed potatoes, gravy, butternut squash, cranberry sauce, w/roll Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>17) Early Release Southern Chicken & Waffles <u>Served with</u> roasted sweet potato, celery sticks w/dip Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>18) Big Daddy's Pizza <u>Served with</u> Romaine salad, marinated chickpeas Assorted Fruit ALTERNATE DAILY CHOICES</p> |
| <p>21) Meatball Sub <u>Served with</u> Grated cheese, pasta & veggie salad, broccoli Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>22) Build a Burger <u>Served with</u> lettuce, tomato, onions, pickles, cheese, oven baked fries Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>23) Early Release  ***No Lunch Served***</p> | <p>24) No School HAPPY THANKSGIVING </p> | <p>25) No School </p> |
| <p>28) Buffalo Mac & Cheese <u>Served with</u> warm pretzel, zucchini, baby carrots Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>29) General Gao Chicken <u>Served with</u> brown rice, veggie sticks, pineapple, fortune cookie Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p>30) Steak & Cheese Sub <u>Served with</u> Peppers & onions, cucumber wheels Assorted Fruit ALTERNATE DAILY CHOICES</p> | <p></p> | <p>Milk Choices- 1% white, skim or fat free chocolate  Served Daily</p> |

| Cost of Lunch | | Breakfast Menu | Alternate Daily Choices | |
|--|--------|---|----------------------------------|--------|
| Student Lunch | \$2.85 | Bagel w/ cream cheese | Hot Chicken Sandwich | \$2.85 |
| Reduced Lunch | 40¢ | Egg & cheese sandwich | Chicken Nuggets | \$2.85 |
| Adult Lunch | \$3.85 | Cinibuns | Hamburger/Cheeseburger | \$2.85 |
| Milk | 75¢ | Cereal | Pizza (assorted) | \$2.85 |
| Frozen Treats | \$1.00 | All served with juice, fruit, and milk | Bagel Lunch | \$2.85 |
| Fresh Fruit | 50¢ | | Grab&Go Sandwich/Wrap | \$2.85 |
| Snacks (A-list) | \$1.00 | | Salads | \$2.85 |
| Please pay at register; Checks payable to: HANOVER FOOD SERVICE Or Online: http://www.myschoolbucks.com | | \$1.25 Student | Student Deli Bar | \$3.50 |
| | | 30¢ Student reduced | Adult Deli Bar | \$4.50 |
| | | \$2.00 Adult | | |

"This institution is an equal opportunity provider."