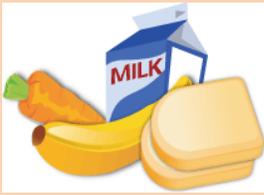




October 2016



ELEMENTARY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Chicken breast nuggets, baked potato wedges, peas, fresh apple and milk	4) Soup & toasted cheese sandwich, carrot & celery sticks, sliced pears and milk	5) Baked ravioli with garlic breadstick, green beans, fresh grapes and milk	6) Nacho platter supreme-seasoned meat, cheese, salsa, refried beans, lettuce, tomato, fresh apple and milk	7) Stuffed crust pizza, popeye salad with mandarin oranges, 3-bean salad, fresh fruit and milk
10) Holiday  Columbus Day	11) Chef's Choice 	12) Chicken wings, rice pilaf, steamed broccoli, fresh fruit and milk 	13) French toast sticks with syrup, sausage, roasted potatoes, carrot sticks, cinnamon applesauce and milk	14) Cheesy pizza, caesar salad, marinated chick peas, fresh fruit and milk
17) Pancakes w/ syrup, baked sausage links, baby carrots, baked apples and milk	18) Mini bagel pizzas, romaine salad w/ fresh cherry tomatoes, pineapple tidbits and milk	19) Macaroni and cheese, warm pretzel, green beans, green apple and milk	20) Hamburger or cheeseburger, lettuce, tomato, pickles, oven baked fries, vegetarian beans, chilled fruit and milk	21) Picnic style BBQ chicken, pasta & veggie salad, corn on the cob, fresh melon and milk
24) Cheese pizza sticks w/dipping sauce, broccoli salad, fresh fruit and milk	25) World Series- foot long hot dog, vegetarian beans, cucumber wheels, assorted fruit and milk	26) Pasta & meatballs, side salad, sliced kiwi and milk 	27) Spider web waffles, baked sausage links, sweet potato puffs, strawberry cup and milk	28) Sal's pizza, side salad, Italian blend veggies, sliced pears and milk 
31) Batty chicken nuggets, petrifying pasta with broccoli, ghoulish green beans, jack-o-lantern cookie, mixed fruit and milk				

Lunch Alternates

*Prepared salad of the day with meat/cheese and variety of bread

*Whole wheat bagel with low-fat yogurt and cheese

*Assorted hot and cold sandwiches

* Yogurt, fruit and cereal lunch

***Lunch Alternate is served with choice of the main menu sides of the day.**

Milk	50¢
Fresh Fruit	25¢
Snacks	50¢/\$1.00
Frozen treats	75¢

Cost of Lunch

Student Lunch	\$2.60
Adult Meal	\$3.85
Adult Premium Lunches	\$4.85

Make Checks payable to the:

Town of Hanover

Please pay at the cafeteria register or pay online

<http://www.myschoolbucks.com>.

Please note menu is subject to change

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Cedar Elementary School
265 Cedar Street
781-878-7228
.....

Center Elementary School
65 Silver Street
781-826-2631
.....

Sylvester Elementary School
495 Hanover Street
781-826-3844
.....

Lynn Petrowski, Food Service Director

lpetrowski@hanoverschools.org

Please also refer to our website at www.hanoverschools.org/foodservices for further information including Free and Reduced Meal Benefit Application

