



November 2016



ELEMENTARY SCHOOLS

Lunch Alternates

*Prepared salad of the day with meat/cheese and variety of bread

*Whole wheat bagel with low-fat yogurt and cheese

*Assorted hot and cold sandwiches

* Yogurt, fruit and cereal lunch

***Lunch Alternate is served with choice of the main menu sides of the day.**

Milk	50¢
Fresh Fruit	25¢
Snacks	50¢/\$1.00
Frozen treats	75¢

Cost of Lunch

Student Lunch	\$2.60
Adult Meal	\$3.85
Adult Premium Lunches	\$4.85

Make Checks payable to the:

Town of Hanover

Please pay at the cafeteria register or pay online

<http://www.myschoolbucks.com>











Please note menu is subject to change

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 Cedar Elementary School
 265 Cedar Street
 781-878-7228

Center Elementary School
 65 Silver Street
 781-826-2631

Sylvester Elementary School
 495 Hanover Street
 781-826-3844



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) Chef's Choice 	2) Baked mozzarella sticks w/ dipping sauce, buttered noodles, green beans, diced peaches and milk	3) Mini taco quesadillas, refried beans, salsa, sour cream, lettuce, tomato, corn, chilled fruit and milk	4) Stuffed crust pizza, popeye salad with mandarin oranges, 3-bean salad, fresh fruit and milk
7) French toast sticks with syrup, baked sausage links, sweet potato puffs, carrot sticks, cinnamon applesauce and milk	8) No School Professional Development Day 	9) Popcorn chicken, mashed potatoes, sweet corn, assorted fruit and milk 	10) Cheesy pizza, caesar salad, marinated chick peas, fresh fruit and milk 	11) Holiday  Veteran's Day
14) Pasta & meatballs w/sauce, side salad, sliced kiwi and milk	15) Soup and toasted cheese sandwich, pasta & veggie salad, baby carrots, fresh apple and milk	16) Chicken breast tenders, rice pilaf, steamed broccoli, fresh fruit and milk	17) Nacho platter supreme-seasoned meat, cheese, salsa, refried beans, lettuce, tomato, fresh apple and milk	18) Sal's pizza, caesar salad, carrot & celery sticks, diced pears and milk
21) Turkey shaped nuggets, mashed potato w/ gravy, butternut squash, stuffing, cranberry sauce and milk	22) Individual pizza, caesar salad, baby carrots, pineapple tidbits and milk	23) Early Release  *No Lunch Served*	24) Holiday 	25) No School 
28) Cheese pizza sticks w/dipping sauce, broccoli salad, fresh fruit and milk	29) Pancakes w/ syrup, baked sausage links, sweet potato puffs, strawberry cup and milk	30) Italian Platter -meatballs w/sauce, breadstick, roasted zucchini, fresh grapes and milk 	Did you know? Many of our fruits and vegetables are locally grown.	

Lynn Petrowski, Food Service Director

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Please also refer to our website at www.hanoverschools.org/foodservices for further information including Free and Reduced Meal Benefit Application