

FAMILY INTERVENTION PROGRAMS:

Adcare Hospital, Karen MacDonald, kmacdonald@adcare.com ; 508-873-2385

Gosnold on Cape Cod, Cataumet, 508-548-7118

Holly Carroll, Family Interventionist, hcarroll@gosnold.org; 774-313-0662

Lynch Wellness & Recovery Foundation, Norwell, Dan Lynch, 781-878-9809

COURT-MANDATED TREATMENT "Section 35": Family members may civilly commit a loved one age 18 or over to treatment when certain criteria are met.

For more information on the Section 35 process:

<http://scituate.wickedlocal.com/article/20140717/NEWS/140716998>

Contact the Court Clinician at Hingham District Court

Liana Fantasia, liana.fantasia@state.ma.us

ADULT TREATMENT (INPATIENT - OUTPATIENT - MEDICATION-ASSISTED):

Find below a *partial list* of state-supported, licensed treatment providers in our area.

Treatment options may include Medication-Assistance. Different levels of care available.

Call to confirm services. Complete state list on www.helpline-online.com.

Gavin Foundation, Center for Recovery Services - South Boston, 617-268-5000

www.gavinfoundation.org

Gosnold - Several locations, including Falmouth, Brockton, 508-548-7118

www.gosnold.org/

High Point Treatment Center - Brockton, 508-436-2011; Plymouth (Dual Diagnosis) 508-224-7701.

Phoenix House - Quincy, 617-934-1136

South Bay Mental Health - Outpatient - Brockton and other locations, 508-580-4691

www.southbaymentalhealth.com/

Suboxone.com to search for providers by zip code.

ADULT STEP-DOWN/CLINICAL STABILIZATION SERVICES:

High Point Treatment Center, Serenity Inn, Brockton, 800-734-3444

www.hptc.org

New Hope Transitional Support Services, Weymouth, 617-878-2550

www.baycove.org/pdf/New%20Hope.pdf

Phoenix House - CSS - Quincy, 617-934-1136

Spectrum Men's Post-Detox Step-Down/CSS, Weymouth, 781 331-3709,

www.spectrumhealthsystems.org/programs/programs.asp

ADULT RECOVERY HOMES: Go to www.helpline-online.com, and Search "Find a Treatment Center > Recovery Homes/Halfway Houses" for a complete list.

AFTERCARE/ONGOING SUPPORT On the Reverse.

ADOLESCENT COMPREHENSIVE ASSESSMENT:

The ideal starting point for determining the appropriate course of treatment is a Comprehensive Assessment by a specialist.

Addiction Recovery Management Service, Boston, 617-643-4699

The ARMS Program at Mass General. For ages 15-25, this service offers assessments and case management for full continuum of care.

www.addictionanswers.com/about-arms/how-enter-arms/

Caron Treatment Centers, Norwell, 781- 878-7111

Dan Lynch, Regional VP, Caron Boston; dlynch@caron.org; www.caron.org

ADOLESCENT DETOX AND STABILIZATION:

Average Two-Week stay. Adolescents aged 13-17 who need medical, psychological, and behavioral stabilization from substances.

The CASTLE Clean and Sober Teens Living Empowered, Brockton, 508- 638-6000

MYR Motivating Youth Recovery, Worcester, 508- 860-1244

ADOLESCENT RESIDENTIAL/INPATIENT TREATMENT PROGRAMS:

Residential treatment is appropriate for youth experiencing health, emotional/behavioral, family, developmental and/or social problems as a result of alcohol and other drug use, and whose issues have not been resolved in less intense, community-based levels of care.

Length of stay is up to 90 days. The assessing clinician can provide guidance.

There are many **private providers in-state and out-of-state** that accept insurance

or private-payment. The MA Bureau of Substance Abuse Services offers direct

referrals to state-funded, gender-specific adolescent Residential Treatment

programs including: **CAB, Highland Grace House, Pegasus House, Phoenix**

Academy, and Project Rebound. Contact Youth Central Intake & Care

Coordination for free and confidential info and direct referrals to state -funded

programs: 617 661-3991, 866-705-2807; www.healthrecovery.org/projects/youth-cicc

ADOLESCENT COMMUNITY-BASED/OUTPATIENT TREATMENT:

Arbour Counseling, Norwell, 800- 222-2237

Adolescent Structured Outpatient Addiction Program (SOAP): M-F 4:30-7:00pm

Bay State Community Services, Quincy, 617-471-8400

Intensive Recovery Program : M/W/F 3:00 -5:00 pm for 4 weeks

Children's Hospital, Martha Elliot Health Center, Jamaica Plain, 617-971-2100

www.childrenshospital.org; and in Boston: 617-355-2727

Hingham Wellness, Hingham, 855- WELL-IOP; Private-pay.

Intensive Outpatient Program: Monday-Thursday, 4:30-8:30, up to 3 months.

<http://hinghamwellness.com>

ADOLESCENT/YOUNG ADULT RECOVERY HOMES:

Structured, transitional living for young people ages 16-20 working towards independent sober living. Up to 6 months. www.gavinfoundation.org

Cushing House for Girls; Cushing House for Boys, So. Boston, 617-269-2933

ONGOING SUPPORT: ALCOHOLICS ANONYMOUS: 12 -Step peer support programs for addiction to alcohol or drugs. www.aaboston.org; **NARCOTICS ANONYMOUS:** www.nerna.org. Check website for local meetings. Scituate NA Meeting starting Summer 2015!

NEW! GOSNOLD REACHING OUT - FAMILY MEETING --Substance use affects the whole family unit. Free education and support for family members to understand addiction, treatment options, and stages of recovery. Meetings are facilitated by Holly Carroll, a Licensed Alcohol and Drug Counselor and Certified Interventionist. **Sundays at 11:00 am** at The Scituate Senior Center, 27 Brook Street, Scituate, MA 02066. Limited parking on Brook Street. Please consider entering/paring on First Parish Road-side (second driveway up from St. Mary's Church Parking Lot). All towns are welcome.

INSIGHT GROUP at Scituate High School – Small group meetings for students to explore their alcohol, marijuana, or other substance use. Topics cover adolescent challenges such as, difficult decision-making, self-esteem, stress management, resiliency as well as goal-setting strategies. Interested families may contact Jen Lopes at jlopes@scit.org. Meetings are facilitated by Caron's Student Assistance Program.

KIDS OF PROMISE at Gates and Scituate High School – Small group support meetings for students who are affected by a loved one's substance use. Topics include positive self-esteem building, healthy communication skills, relationship building, healthy coping skills and decision making, alcohol and drug prevention, and identifying feelings associated with loved ones who may be suffering from a substance use disorder. Please contact Megan Schilling at Gates (mschilling@scit.org), or Jen Lopes at SHS (jlopes@scit.org). Meetings are facilitated by Caron's Student Assistance Program at school.

LEARN TO COPE - Peer support for families affected by opiates, alcohol and other substances. Weekly meetings are led by other parents and/or young people in recovery from opiate and heroin addiction. Narcan and OD training available at all meetings. www.learn2cope.org for full meeting schedule and to join anonymous, 24-hour online message board. **Thursday Nights in Norwell - 7:00-8:30 pm.** South Shore Medical Center, 141 Longwater Drive, meeting is in the Cafeteria. Rear entrance of the *Longwater Place* building.

Loved Ones Raising Loved Ones - Last Monday night of every month at Jenkins Elementary School. Support group for children and adult caregivers. Pizza together, followed by separate groups for adults and children. Please contact Nina Riley at nriley@scit.org to join.

G.R.A.S.P. - Grief After Substance Passing: Second Thursday of every month at Community Covenant Church, 400 Pleasant Street, East Bridgewater. 508 742-4405. Separate groups for parents/spouses and youth/siblings/friends.

RECOVERY HIGH SCHOOL - INDEPENDENCE ACADEMY, 460-R Belmont Street, Brockton. Students with a Substance Use Disorder diagnosis may be eligible to attend this new regional recovery high school. Year-round program. 508 510-4091. Ryan Morgan, Program Director, rmorgan@nrcollab.org. www.northrivercollaborative.org

OPIOID OVERDOSE PREVENTION - Nasal Narcan is saving lives by reversing opioid overdoses. To obtain free nasal Narcan and learn how you can save the life of a family member or friend, attend a Learn to Cope meeting, or contact: Manet Community Health Centers (In Quincy, Weymouth and Hull), Warren Nicoli, 857-939-4108. Or call The Massachusetts Information & Education helpline for list of Narcan sites: 1 800 327-5050. Available without a prescription at all Walgreen's locations (through your insurance).

MOAR - Mass. Organization for Addiction Recovery - advocacy and aftercare supports for individuals in recovery: www.moar-recovery.org/

South Shore Peer Recovery Initiative – Join a group of volunteers to bring advocacy, education and support to our area. On Facebook and www.southshorepeerrecovery.org; Contact John Kimmett, jkimmett2000@yahoo.com; 781 424-2346.

Substance Use Treatment Providers On the South Shore

Contact any of these services for assistance accessing treatment:

The Addiction Recovery Management Service
The Massachusetts General Hospital ARMS program
bridges the gaps in inpatient and outpatient treatment with leading expertise
and high quality care management for youth and young adults ages 14-26
to maximize the chances for youth recovery.

www.addictionanswers.com

(617) 643-4699

The Massachusetts Substance Abuse Hotline
The MA Bureau of Substance Abuse Services hotline can help
anyone access licensed treatment in Massachusetts. All ages.
Services are available Monday through Friday, 8:00 am to 10:00 pm,
Saturday and Sunday from 9:00 am to 5:00 pm.

www.helpline-online.com

800 327-5050

Youth Central Intake & Care Coordination ages 13-17
Contact for confidential advice and referrals (617) 661-3991, 866-705-2807

Student Assistance Program at Scituate High School
Staff, parents, and students can make confidential referrals about a student they may be
concerned about. Several staff are trained to help students and parents access school and
community services. This team cannot diagnose, treat, or refer children for treatment.

Jen Lopes, LICSW; SAP Coordinator (781) 545-8750 x102

Scituate Public School families may contact Counseling Staff at any school for help.

Individual Counselor Referrals – Free Service for finding substance and mental health
providers for adults, children and families on the South Shore.

MSPP Interface, 888 244-6843 x 1411



Please note: This community resource was prepared by The Scituate FACTS Coalition. This is a partial list of available resources. Specific programs are not endorsed by Scituate Public Schools or The Town of Scituate. Many of these programs accept private insurance, sliding scale payments, or MassHealth. If you do not have insurance, please contact a Navigator at Manet Community Health in North Quincy: 617-376-3000.