

# The CRAFFT-II Screening Interview

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential.”

## PART A: DURING THE PAST 12 MONTHS, ON HOW MANY DAYS DID YOU...

1	Drink more than a few sips of beer, wine, or any drink containing alcohol?	PUT 0 IF NO USE
2	Use any marijuana (for example, pot, weed, or hash) or “synthetic marijuana” (for example “K2” or “Spice”)?	PUT 0 IF NO USE
3	Take a prescription medication or pill that was NOT prescribed to you or MORE than was prescribed to you (for example, prescription pain pills or ADHD medications)?	PUT 0 IF NO USE
4	Use anything else to get high? (for example, other illegal drugs, over-the-counter medications, and things that you sniff or “huff”)?	PUT 0 IF NO USE

If **no days** of use, ask the **CAR question only**, then **STOP**.



If **any days** of use, **ASK ALL CRAFFT ?s BELOW**.

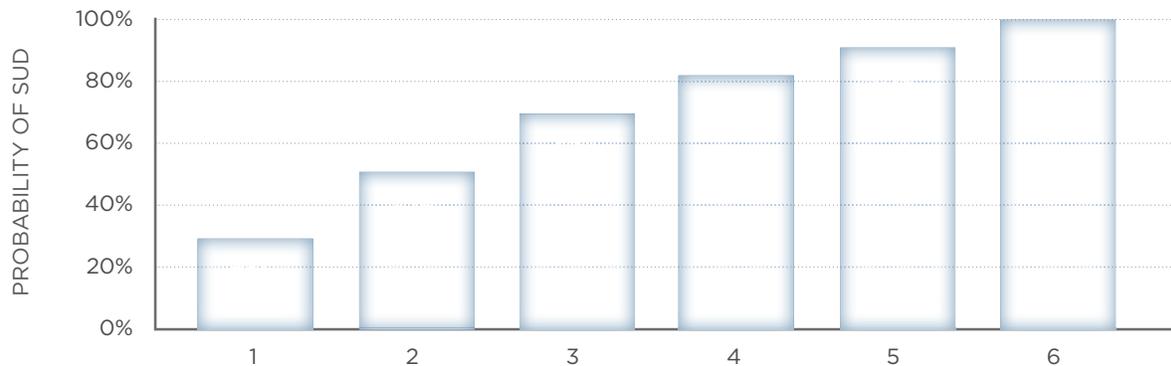
## PART B: CRAFFT QUESTIONS

1	Have you ever ridden in a <b>CAR</b> driven by someone (including yourself) who was “high” or had been using alcohol or drugs?	YES	NO
2	Do you ever use alcohol or drugs to <b>RELAX</b> , feel better about yourself, or fit in?	YES	NO
3	Do you ever use alcohol or drugs while you are by yourself, or <b>ALONE</b> ?	YES	NO
4	Do you ever <b>FORGET</b> things you did while using alcohol or drugs?	YES	NO
5	Do your <b>FAMILY</b> or <b>FRIENDS</b> ever tell you that you should cut down on your drinking or drug use?	YES	NO
6	Have you ever gotten into <b>TROUBLE</b> while you were using alcohol or drugs?	YES	NO

\*Two or more YES answers suggest a serious problem and need for further assessment. See back for further instructions

Show your patient his/her score on the graph and discuss level of risk for a substance use disorder.

### PROBABILITY OF A DSM-5 SUBSTANCE USE DISORDER BY CRAFFT SCORE\*



*Knight JR, Sherritt L, Shrier LA, Harris SK, Chang G. Validity of the CRAFFT substance abuse screening test among general adolescent clinic patients. Archives of Pediatric and Adolescent Medicine, 2002(Jun);156(6):607-614.*

## LOW RISK

Adolescent answers “0 days” to all opening questions and “No” to the CAR question:

- Use positive reinforcement to encourage healthy behaviors.

- **Follow school protocols:** Use existing processes to respond appropriately to a serious problem.
- **Parental notification:** *Internal referral* should follow protocols for when parents need to be notified. *External referral* usually requires parental involvement

## MEDIUM RISK

Adolescent reports ANY past 12-month substance use; CRAFFT score of 0 or 1 (Car risk + or -):

- **Thank the student** for his/her honest answers.
- **Use open ended questions** to elicit information, follow Brief Intervention (BI) Algorithm
- **Be clear** that the healthy choice is to stay away from alcohol or drugs.
- **Invite him/her to return** to discuss further, if needed.

## HIGH RISK

Adolescent reports ANY past 12-month substance use, with CRAFFT score 2+:

- **Thank the student** for his/her honest answers.
- **Assess further:** Use BI Algorithm to engage and motivate to change behavior, and/or to get help.

## “YES” CAR QUESTION RESPONSE

**Elicit more information:** “Can you tell me more about riding/driving with someone under the influence?”

**Related to friends:** Help adolescent think through what to say and/or do when offered a ride with friends who are drink or high.

**Related to parents/family members:** Teens who feel unsafe riding with a parent due to his/her drinking or other drug use are a special concern. If a student feels unable to initiate a discussion with parents, offer to meet with the parent, preferably along with the student. **Follow school protocols** when reporting or further action is appropriate.